

# Help Your favorite student be “Safe, Strong and Free”...

Our school district is providing CAP training for our students on how to:

- Prevent abuse and bullying
- Be assertive without being aggressive
- Learn self-protection strategies to keep them safe from sexual abuse, abduction and other potentially dangerous situations.

**This training will be more effective if reinforced in the home.**

Learn more about CAP at [www.njcap.org](http://www.njcap.org)



We are asking parents to reinforce what their children are learning in the CAP classroom workshop by attending a CAP parent workshop on:

Date: Nov. 5<sup>th</sup>, 2024  
Time: 7:00 PM  
Zoom ID: 897-5590-7207  
Passcode: 331208

[Click here for Zoom&](#)

Every year, NJCAP trains 100,000 children and 15,000 adults statewide in these self-protection strategies. If for some reason you do not want your child to attend this workshop on child safety, please sign below and send back to the school.

I do not give my permission for my child to participate in the CAP workshop.

Child's Name \_\_\_\_\_

Parent/Guardian Signature- Date signed \_\_\_\_\_

***NJ Child Assault Prevention (CAP) is a program of the NJ Department of Children and Families and is supported by your local school district.***